



White Ribbon Bulletin

World's Woman's Christian Temperance Union

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WWCTU WORLD OFFICERS

Front: World Organization Secretary, Anne Bergen (Aus); World President, Margaret Ostenstad (Nor); World Treasurer, Aud Karin Forland (Nor); World Recording Secretary, Kathleen Johnson (USA)

Back: 1 VP, Irja Eskelinen (Fin); 2 VP, Dr. Jung Joo Kim (Kor); 3 VP, Merry Lee Powell (ISA); 4 VP, Dr. Sheila Lall (Ind)



World Convention - Testimony of Faith



On the Opening Night of the World Convention Lise Karlsen, Evangeliesenters "Mother" held a gripping testimony "There is still hope" based on these bibleverses:

John 10 :10 The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly

Isaiah 58:6

Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? 7 Is it not to share your food with the hungry and to provide the poor wanderer with shelter— when you see the naked, to clothe them, and not to turn away from your own flesh and blood? 8 Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the Lord will be your rear guard.

According to God's leadership, the 175 delegates from 21 countries were given Lise's Call to Salvation "The Word of God" and a brochure which told of Gods greatness, love and faithfulness in the lives of Lise and Ludvig Karlsen which resulted in them starting an evangelical alternative treatment centre 36 years ago. A book on their transformed lives has been sent around the world with the message: Trust in God, go out and help the fallen like Lise and Ludvig Karlsen did in 1983. God bless you as you work for "God, Home and Every Land."

A heartfelt thanks for all around the world who prayed for Lise Karlsen's healing. Amazing Grace!



Noontide prayer

Around the world, someone is always praying

WORLD PRESIDENT'S SPEECH
10 July, 2019
Margaret Østenstad
"A MISSION with a VISION"



A vision without mission is dreaming.

A mission without vision is toil.

A mission with a vision is the hope of the world.(Henri Nouwen)

I have the privilege of leading a global movement, made up of more than 150 Member Organizations from 45 countries. Thousands of people whose mission is to work together towards the vision of creating a world where all human beings are free to live up to their fullest potential, and protected from harm caused by alcohol and other drugs.

It's a world of peace, equality and justice we work towards where free and healthy citizens actively contribute at all levels of society.

The famous Icelandic woman, Olafia Johannsdottir who gave her life to the impoverished and down-trodden said: "A great deal can be done with money but the most important things can be done without money. What people who have fallen under the addiction of drugs and alcohol need most is another human being." Olafia emphasized that there should be no difference when talking to a person of high standing or to one who lives on the streets.

Transference - Every human being has an impact on another

See beyond the problem.

If you look directly at the problem you will never see the solution

Key facts:

- Worldwide, 3 million deaths every year result from harmful use of alcohol, this represent 5.3 % of all deaths.
- The harmful use of alcohol is a causal factor in more than 200 disease and injury conditions.
- Overall 5.1 % of the global burden of disease and injury is attributable to alcohol, as measured in disability-adjusted life years (DALYs).



- Alcohol consumption causes death and disability relatively early in life. In the age group 20–39 years approximately 13.5 % of the total deaths are alcohol-attributable.

An opiate is a drug naturally derived from the flowering opium poppy plant. Examples of opiates include heroin, morphine and codeine. ... It is important to note that while all opiates are opioids, not all opioids are opiates. Additionally, just because opiates are natural does not mean they are less harmful.

The time has come to further adjust our direction. In addition to giving academic validation of the importance of the warnings we give on the harm caused by all addictive drugs, alcohol and tobacco, we need to see the PERSON with God's eyes and heart.

The WWCTU seeks, with God's help, to promote a lifestyle free of alcohol, tobacco and drugs in every country through education and example.

1. The impact of alcohol consumption on chronic and acute health outcomes in populations is largely determined by 2 separate but related dimensions of drinking:

- the total volume of alcohol consumed, and
- the pattern of drinking.

Our starting point is the WHO's statement on alcohol:

- All people have the right to a family, social and work life sheltered from accidents, violence and other negative consequences of alcohol use
- From an early age, all people have the right to objective and accurate information and training on the consequences of alcohol use for health, family and society
- All children and adolescents have the right to grow up in environments where they are sheltered from the negative consequences of alcohol use and, as far as possible, to be shielded from advertising for alcoholic beverages
- All people with risky or harmful alcohol use, and their family members, are entitled to available treatment and care
- Anyone who does not want to drink alcohol or who cannot do so for health or other reasons, has the right to be protected against drinking and to receive support for their abstinence standpoint.



Why don't our members drink alcohol?

It is a special feature of the WWCTU that members of the organization do not use alcohol or other drugs. "We stand in solidarity with people who have problems" - those who will relapse if they take a drink and show that it is possible to be happy, have fun without alcohol or drugs.

We also work to ensure that as many people as possible choose not to use alcohol, especially in certain situations - such as when you are with children. We know the dollars and cents cost of addiction is mind boggling. At least twice as many people die from alcoholism every year as die from motor vehicle accidents. We know that the toll on family life is immeasurable. We know that today's children are our leaders of tomorrow and must be protected. We encourage everyone to love them, nurture them and teach them well!

There may be many reasons why people choose not to drink alcohol. Some have bad experiences either themselves or in close family. For some, it is a point not to do the same thing as everyone else.

For the WWCTU it is important that it should be acceptable not to drink. No one should ever have to feel pressured to drink alcohol. There is considerable social support for drinking alcohol, and often there are few who go the opposite direction. Many drink more than they really want. For people who have had problems with alcohol, it can sometimes be difficult to find social settings where one does not stand out if one does not drink.

Alcohol is a given in many social contexts. The norm around alcohol is that this is natural, and it is rarely questioned why that is the case. The consequences are fewer individual choices and a higher consumption.

Choosing not to drink alcohol can be a challenging choice.

2. The WWCTU will help more people question the role of alcohol in our culture, and make it easier to make non-alcoholic choices. The more people who do not use drugs, the stronger the norm of what is perceived as "normal" use can be challenged, and the stronger the acceptance and the possibility of limiting accessibility.

Are we preparing the next generation for the future? Are we telling our children and their children

the information they need to know to make good choices? Are they hearing the stories of those who made good choices, of those who didn't and the consequences they faced?

We need to challenge our children to be drug free and to stand for the right to do so.



When it comes to younger women - Where do you think it's best to plant a young tree: a clearing in an old-growth forest or an open field? Ecologists tell us that a young tree grows better when it's planted in an area with older trees. The reason, it seems, is that the roots of the young tree are able to follow the pathways created by former trees and implant themselves more deeply. Over time, the roots of many trees may actually graft themselves to one another, creating an intricate, interdependent foundation hidden under the ground. In this way, stronger trees share resources with weaker ones so that the whole forest becomes healthier. That's legacy: an interconnection across time, with a need for those who have come before us and a responsibility to those who come after us.

The concept of legacy is a powerful life tool for all ages and a catalyst for social change. Legacy is about life and living. It's about learning from the past, living in the present, and building for the future.

Christian charity arises from the Golden Rule: "Do to others what you would like them to do to you." Since its inception in 1883, the international White Ribbon movement has followed this principle. God's love is the source of all efforts to help, support and comfort others, and in an encounter between people, this love can be seen as genuine interaction, participation, listening and respect.

Each of us is called to be messengers of God's love in this often cruel world.

We are still one world of tempted humanity ... only now we seem willing and determined to self-destruct. Modern day problems are not easy to deal with and soon become overwhelming - stress, performance anxiety, low self-esteem, financial insecurity, economic worries are just a few of the triggers. Commonsense goes out the window when people say: "Give me something to relieve the pain. Anything - yes, I know the dangers, I know drugs kill and alcohol pickles my brain .. but that happens to others - it won't happen to ME."

As I write this, the words of the old song come to mind - "What the world needs now is LOVE, sweet love". And who is LOVE? GOD IS LOVE! Let each of us make a daily commitment to have a closer relationship with God so that we can fully serve Him in ministry and service to others. It can be so simple. Our temperance message has not gone out of fashion and we ALL have something to GIVE. Please pray with me:

Father, Take my life, my time, my talents and use them to serve you. Help me to have a daily relationship with you. I surrender my will to your will. Give me a testimony and use my life to save a life for you and, in the process, save me too.



Simply said, WE CARE. We have always cared ! We care for children and their fundamental rights to grow up free from harm and our members work for creating environments that allow children to play, learn and grow together, and make the right choices to become the best version of themselves they choose to be.

We care for Human Rights and our members work towards ensuring that all human beings are treated equally with dignity and respect.

We care for health and well-being for all and our members work to promote environments, norms and lifestyle choices that reduce and prevent the use harmful substances and promote well-being, physically and mentally, individually and collectively.

We care for democracy and civic engagement in our communities. WCTU members work to provide platforms and forums to meet and discuss with political leaders, and to open space for civil society to represent diverse views from the grass-roots. Also internally, we embrace debate and the beauty of a multitude of opinions and perspectives that inform who we are and what we do.

We care for sustainable development in its social, economic and environmental dimensions. Our members work to end poverty and hunger, in all their forms and dimensions, and to ensure that all human beings can fulfil their potential in dignity and equality and in a healthy environment.

We care for peace because there can be no sustainable development without peace and no peace without sustainable development.

4. And we care about togetherness and unity. God has always done miracles. We have just got too busy to get into that sweet place of prayer with our heavenly Father. There can never be enough prayer.

In times like this, it can be hard to feel hope and to see where change should come from. However, when such doubts arise, we should remind ourselves to trust that God will give us the strength and wisdom to act in these situations if we are willing to receive His guidance.

When babies are targets in man's war - God help us all! Keep up the temperance work in your part of the world and God will bless all your endeavours. Isaiah 41:31.

I believe, the starting point for change is to resist giving up and retreating, and instead stand firm by saying: I care. We care. Let's go forward walking the path of faith and trust in God.



A wonderful spirit-filled World Convention in







Keynote Speaker

This is not A War On Drugs: It is a Defense of our Brains, the Repository of our Humanity

Bertha K. Madras, PhD

Psychoactive drugs, used for non-medical purposes, can adversely affect people from “in utero to old age”, “from the cradle to the grave”. Individuals, families, societies and nations bear this heavy burden. Alcohol, drug use and use disorders among the most prevalent, consequential, costliest and deadliest of neuropsychiatric disorders. are also among the most preventable. The underlying chemical cause is known, in contrast with most other brain diseases, of which we do not know their underlying cause. Preventing the public health burden of drug use is a goal shared by everyone, families, communities, organizations and government agencies. The challenges of 2019 are greater than ever before: the unfettered medical prescribing of opioids; the advent of inexpensive and pure forms of heroin and fentanyl; marijuana legalization gaining traction; an expanding number of new psychoactive substances produced in rogue laboratories; internet marketing and sales of drugs; a growing movement to medicalize psychoactive drugs, including hallucinogens; design and production of hundreds of new psychoactive drugs in laboratories, without the risks of surveillance and destruction of outdoor grows, the internet as a direct venue for marketing and selling, without the legal jeopardy of street sales, and a new system of delivery – vaping- which conceals the use, the odor, and delivers to the brain extremely high drug doses in a very short time. Well-funded organizations are pressuring governments to legalize all drugs at the same time that scientific evidence is mounting on the hazards of drugs. Lamentably, the science is losing ground to drug advocacy. More than ever before, we need to integrate scientific evidence into public policy, public health and prevention strategies.

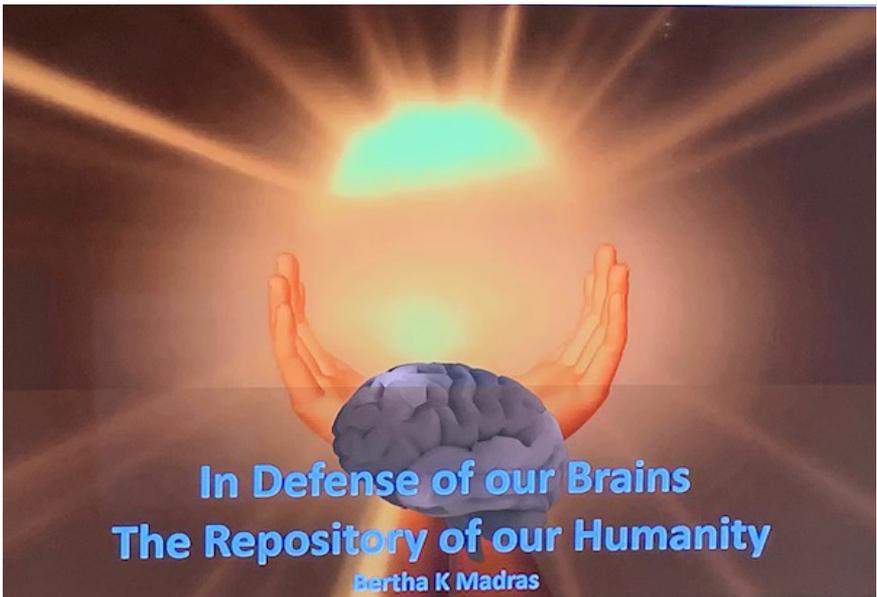
The “war on drugs” does not resonate with my background or public health perspective. For years, I have viewed the brain as the source of our humanity - our capacity to create or enjoy music, literature, poetry, art, calculus, justice, law and charity, the laws of physics and principles





of genetics, design computers, medications, rockets, telescopes to view galaxies, predict black holes, and contemplate our existence and the meaning of life.

Drugs propagate extraordinary hedonic signals, overpowering signals of natural rewards, suppressing the salience of essential rewards, eventually supplanting the drive for natural, rewarding behaviors embedded in the brain. As addiction sets in, an entire set of survival behaviors, attending work or school, focusing on commitments, goals, and creativity become secondary, with the brain increasingly focused on a narrow set of compulsive, uncontrollable goals, a drug-centered existence. Even among those motivated to become and maintain abstinent, the drug-adapted brain spontaneously, or on cue, generates drug cravings months or years after withdrawal symptoms have ceased, cravings that trigger relapse at vulnerable periods. A simple ingested chemical can imprint itself on the brain, create sensations that surpass, suppress, surmount or supplant natural rewards, transform personality, and usurp the pursuit of fundamental human priorities and pleasurable pursuits: survival, family, health, intellectual, creativity. The call for public health solutions to drug challenges is based on this view: “this is not a war on drugs; it is a defense of our brains - the repository of our humanity”.





Leena Haraké, WOCAD, Friday July 12, 2019

11:00 SPEAKER: Leena Haraké (S) “Alcohol and other addictive substances – Global Obstacles to the Sustainable Development Goals”

The 2030 Agenda for Sustainable Development provides a global blueprint for dignity, peace and prosperity for people and the planet, now and in the future. A few years into the Agenda, we see how civil society, private sector, and governments are translating this shared vision into national development plans and strategies.

As part of the SDGs, the global community has committed to 17 goals with 169 targets. Alcohol is specifically addressed in the SDGs. Globally, 3.3 million people die every year an alcohol-related death (1 person every 10 seconds) according to the WHO.

SDG target 3.5 is “Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol.” Alcohol significantly impacts several other SDG health goals, including: reducing premature deaths from NCDs by one-third by 2030 (3.4); traffic-related mortality (3.6); and tuberculosis (3.2). Addressing alcohol-related harms would positively benefit other SDG goals, such as reducing violence against women.

To reach the goals of SDG it is important to work on alcohol and other drug issues.

WORKSHOP:

Tools for hope –

To work locally and think globally requires that important actors locally cooperate and make different target groups visible. The authorities have an important role to support these actors and staffs with the best possible knowledge and practices and make mutual analysis of need of the population. NGO’s are an important resource and can offer services that the authorities can’t/don’t.

Alcohol Negatively Impacts 13 of the 17 SDGs and 52 of the 169 Targets!



Where do we begin?

- **It is necessary with a strategy** to create the conditions for long-term and strategic work, with common responsibility in regular structures for prioritized issues.
- **Public health as a whole** has improved in recent decades and the vast majority state that they have a good or very good health. Unfortunately, it does not apply to mental health. On the contrary, mental health, with anxiety and sleep problems, has increased since the 21st century. The increase has occurred in all groups, both among children and young people as well as adults and elderly.



FACTS about FAS - Foetal Alcohol Syndrome

Foetal Alcohol Syndrome (FAS) and other alcohol related birth defects refer to a group of physical and mental birth defects resulting from a woman drinking alcohol during pregnancy.

Some facts

FAS is the leading known cause of mental retardation.

FAS causes serious social and behaviour problems.

Each year in the USA 5,000 babies are born with FAS. In Australia, 1,000.

Ten times as many are born with alcohol related disorders. No amount of alcohol is known to be safe during pregnancy. Alcohol causes more damage to baby than any other drug. FAS and related conditions are 100% preventable.

Teach women to say NO to alcohol during pregnancy. FAS is a tragic curse caused by ignorance and carelessness on the part of mothers. Here is an excellent website with lots of information about FAS.

[http://www.nofas.org/
category/news/](http://www.nofas.org/category/news/)

International Youth Day

'The **United Nations' (UN) International Youth Day** is annually held on **August 12** to celebrate the achievements of the world's **youth** and to encourage their participation in enhancing society.' Here is the perfect opportunity for WCTU to focus on youth in your nation, town, church or street. Our youth are most precious and we all need to find ways and means to help, bless and show them the way ahead. Indeed, many are leaders already. Within WCTU there are young women who are being called by God to lead and we need to help empower them for the tasks ahead. Let's pray for them, assist them and do all we can to provide them with skills and resources. If you know of young people who need to connect with us on **facebook** - here is the address - **I'm Worth It - teens**. Encourage them to join, discuss and find up-to-date information about things that matter to them. Here is a Bible promise for a young person near you. And claim it for yourself too.

***Jeremiah 1:7-9** But the Lord said to me, "Do not say, 'I am too young.' You must go to everyone I send you to and say whatever I command you. Do not be afraid of them, for I am with you and will rescue you," declares the Lord*

Remember NOONTIDE PRAYER for WCTU everywhere

Pray for PNG WCTU Convention - August 3-6

Pray for WCTU world leaders

Pray for youth in your home and street and church

Pray that WCTU will be a light everywhere

**JULY 10-15, 2019 - WORLD WCTU Convention at
Helsinki, Finland.**

Joy and Mitroy

*Joy Butler - 2nd Vice President, World WCTU & Field Officer, Africa
Mitroy Sapul - Field Officer, South Pacific Region*

Website: www.wwctu.org Facebook: WOW Unlimited; I'm Worth It - WCTU Teens
YOUTUBE - WCTU Papua New Guinea

Motto - For God and Home and Every L

World Directors



Row 1 from left: Christian Outreach: Dr. Bhavana Arthur (Ind) Education; Sarah Suyeon Oh (Kor) Home Protection; Anna-Mari Laine (Fin) and Social Service); Rhona Theodore (Aus)
Row 2: 3 Youth Directors: Charlotte Lauritzen (Nor), Hannah Oh (Kor), Emy Barrientos (Gua), Childrens Director, Taru Kiovisto (Fin).

World Field Workers



Dr. Jung Joo Kim, (Korean Missionaries); Dr. Dora de Barrientos (Central and South America); Joy Marie Butler (Africa and Pacific Islands); Brenda Suh (Asia) and Taru Koivisto (Europe).

